







Willamette Valley Medical Center



		Monday	Tuesday	Wednesday	Thursday	Friday
		7-Jul	8-Jul	9-Jul	10-Jul	11-Jul
		MEATLESS				HOOK & HARBOUR
SAVOR AM		Brakfast Burrito	Sausage, Egg & Cheese on Biscuit	Ham , Egg & Swiss on English Muffin	Bacon, Egg & Cheese on Croissant	Chicken Biscuit
	Entrées	Spinach and Artichoke Pasta	kentucky hot brown casserole	sm othered pork chops	carolina turkey meatloaf	blackened rainbow trout
		blackened salmon	southern fried catfish	chicken cacciatore	beef and broccoli	seafood creole jam balaya
	Vegetables	kale braised with bacon	collard greens	buttered lemon pepper broccoli	sauteed green beans with blistered cherry tomatoes	corn maque choux
		sauteed tri color bell peppers with red onion	black-eyed peas	zucchini and yellow squash	tri color carrots	Char Roasted Brussel Sprouts
	Starch	buttered herb pasta	baked mac and cheese	polenta	parsley redskin potatoes	lem on rice pilaf
		garden rice with colorful medley of fresh vegetables	red beans and rice	pasta cavatappi	pan fried lo mein noodles	mashed potatoes
						
comfort		vegetable lentil	white bean and tomato	italian wedding soup	broccoli and cheddar soup	seafood chili
INDULGE		rocky road chocolate chunk brownie	campfire berry peach cobbler	gooey butter cake	tres leches cake	cast iron peach cobbler

Menu items are subject to change without notice due to product availability